



3rd Annual

# Jeremy Nelson Helping Hearts 5k and Fun Run



Saturday, September 12th, 8:00 am

**Buford, Ga**

**Family Discount!**  
Families of 4  
**\$79.00**

*Fun Run*  
to immediately follow  
**Start/Finish Line:**

Main Street Park and Amphitheater  
400 East Main St.  
Buford, GA 30518

**Registration:**

\$25.00 early bird (thru Sept 5th)  
\$28.00 after Sept. 5th  
\$30 day of race.

**Awards**  
Trophies for 1st Place Male  
and Female Overall  
**Finishers**  
Medals for top three 5 year  
increment age categories  
(10 & under, 11-15, 15-19  
20-24 etc.. All the way to 65  
and up) for male and female.



(All registrations before Aug. 31st guaranteed a t-shirt. After that by availability only)

**Fun Run is \$15.00**

**Proceeds from this race go to the Jeremy Nelson Foundation which gives  
scholarships to Buford High School students.**

### Three Options to Register

1. Online—**www.jeremynelson5k.com**
2. By Mail—Fill out the bottom of this registration form.  
Mail check (payable to “Fundracers”) and completed entry form to:  
Helping Hearts 5K  
1886 Woodpoint Court  
Lawrenceville, Ga 30043

3. Register at the race (race day registrants are not guaranteed a t-shirt)

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Email address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Age on 9/12/2015: \_\_\_\_\_ Gender (circle one): Male Female

T-shirt Size: YM YL S M L XL 2XL (add \$2) Race 5K \_\_\_\_\_ Fun Run \_\_\_\_\_

**Waiver** – In consideration of this entry, I hereby waive and release any and all rights and claims for damages against Helping Hearts 5K, the City of Buford, the Jeremy Nelson Foundation, Fundracers, its officials, race sponsors, volunteers, as well as any other person connected with their event, and all injuries which I may sustain while taking part in the event or as a result thereof. I certify that I have properly trained for this event and am in physical condition for this event.

Signature: \_\_\_\_\_

Signature of Parent or Guardian if under 18 \_\_\_\_\_