

4th Annual
LACE UP
5K

LACE UP in the Fight against Breast Cancer 5k/Walk and FunRun

LACE UP!!



Date: **June 7, 2014**
5K Race begins at 8:00 a.m.
Fun Run begins at 9:00 a.m. (\$15)

Location: **Suwanee**
North Gwinnett Church
4963 West Price Road, Suwanee, Georgia 30024

Entry Fees: \$25 before 6/1 (includes t-shirt) * \$85 FAMILY RATE
\$28 on or after 6/1 and \$30 on race day.
(shirt on availability basis)



Three Ways to register:

1) Online : www.laceup5k.com

2) By mail:

Mail check (payable to "Fundracers") and completed entry form to:

LaceUp 5K
1886 Woodpoint Court
Lawrenceville, Ga 30043

3) In person on race day (day of race registrants are not guaranteed a t-shirt)

**Music, Doorprizes,
Food, Awards**

Awards: 1st, 2nd & 3rd male and female: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 up AND 1st place male/ female finishers overall as well as male and female masters

Race Benefits Susan G. Komen Foundation via the 3-Day Walk

For more information go to www.laceup5k.com

First Name: _____ Last Name: _____

Email address: _____ Phone Number: _____

Age on 6/8/2014: _____ Gender (circle one): Male Female

T-shirt Size: YM YL S M L XL Race 5K _____ 1K Fun Run _____

Waiver – In consideration of this entry, I hereby waive and release any and all rights and claims for damages against Lace up 5k, North Gwinnett Church, Fundracers, its officials, race sponsors, volunteers, as well as any other person connected with this event, and all injuries which I may sustain while taking part in the event or as a result thereof. I certify that I have properly trained for this event and am in physical condition for this event.

Signature: _____