

3rd Annual Lace Up and Livestrong 5k and 1K Fun Run



we believe that in the battle with cancer, unity is strength, knowledge is power, and attitude is everything

Date: February 1, 2014
5K Race begins at 8:00am

Location: North Gwinnett Church
4963 West Price Road
Suwanee, Georgia 30024



Entry Fees: \$25 before 1/26 (includes long sleeve t-shirt)
\$28 on or after 1/26 and \$30 on race day.
(shirt on availability basis)



Three Ways to register:

- 1) Online : <http://www.laceuplivestrong.com>
- 2) By mail:

Long Sleeve moisture wicking shirts!

Mail check (payable to "Fundracers") and completed entry form to:
Livestrong 5K
1886 Woodpoint Court
Lawrenceville, Ga 30043

In person on race day (day of race registrants are not guaranteed a t-shirt)

Awards: 1st, 2nd & 3rd male and female: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 up AND 1st place male/ female finishers overall and masters

Race Benefits The Livestrong Foundation to benefit those battling cancer

For more information go to www.livestrong5k.blogspot.com

First Name: _____ Last Name: _____

Email address: _____ Phone Number: _____

Age on 2/1/2013: _____ Gender (circle one): Male Female

T-shirt Size: YM YL S M L XL Race 5K _____ 1K Fun Run _____

Waiver – In consideration of this entry, I hereby waive and release any and all rights and claims for damages against Lace up and Livestrong 5k, North Gwinnett Church, Fundracers, its officials, race sponsors, volunteers, as well as any other person connected with their event, and all injuries which I may sustain while taking part in the event or as a result thereof. I certify that I have properly trained for this event and am in physical condition for this event.

Signature: _____
Signature of Guardian if under 18: _____